**Jessica J. Brooks, Ph.D., L.P.**

*Curriculum Vitae*

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Georgia Southern University

Statesboro, GA 30460-8041

**ACADEMIC POSITIONS**

**Georgia Southern University** [2013-*present*]

Department of Psychology

Associate Professor

**University of Utah [**2012-2013]

Counseling Center

Instructor of Record

**University of Georgia [**2010-2012]

Department of Education

Graduate Instructor

**North Dakota State University [**2006-2008]

Department of Psychology

Teaching Assistant

**EDUCATION**

**L.P. Licensed Psychologist**, Georgia (PSY003921). [2015]

**Ph.D.** **Counseling Psychology**, University of Georgia, Athens GA. [2013]

Dissertation: *A psychosocial investigation of alcohol use in a social drinking context*

Advised by Ezemenari M. Obasi

Pre-doctoral Internship, Salt Lake City UT [2012 – 2013]

University of Utah Counseling Center

**M.S.** **Clinical Psychology**, North Dakota State University, Fargo ND. [2008]

Thesis: *Drinking for relief: Examining the influence of negative affect on implicit motivation in coping-motivated drinkers*

Advised by Brian D. Ostafin

**B.S.** **Psychology**, University of Minnesota Duluth, Duluth MN. [2005]

**AWARDS AND HONORS**

*G. Alan Marlatt Award for Distinguished Scientific Early Career Contributions*, Society of Addiction Psychology, APA Division 50 [2015]

Preparing Future Faculty specialized training program, UGA [2009-2011]

Magna Cum Laude Graduate, University of Minnesota Duluth [2005]

**PROFESSIONAL AFFILIATIONS**

Eagle Qualitative Research Group, Georgia Southern University [2014-*present*]

Graduate Faculty, Georgia Southern University [2013 – *present*]

American Psychological Association [2006 – *present*]

Division 2: Society for the Teaching of Psychology

Division 17: Society of Counseling Psychology

Division 35: Society for the Psychology of Women

Division 50: Society of Addiction Psychology

Association for Psychological Science [2009 – *present*]

Research Society on Alcoholism [2010 – *present*]

President, Counseling Psychology Student Association, UGA [2010-2011]

**GRANT WORK**

1. *Alcohol use in rural America: A psychosocial investigation of alcohol use and misuse in adults living in the South*. College of Liberal Arts and Social Sciences FRC Seed Grant. Statesboro, GA. January, 2017. Awarded: $8,329.96. (PI: Jessica J. Brooks)
2. *Stress and drug use vulnerability in rural African Americans (*1R03DA027481-01). NIH: National Institute on Drug Abuse, R03. Bethesda, MD. Graduate Research Assistant Investigator. September, 2009 – August, 2011. Awarded: $471.683. (PI: Ezemenari M. Obasi)
3. *To drink or not to drink: A biopsychosocial investigation into predictors of alcohol related behaviors.* University of Georgia Research Foundation. Athens, GA. Graduate Research Assistant Investigator. January, 2009 – December, 2009. Awarded: $16,101. (PI: Ezemenari M. Obasi)

**PUBLICATIONS**

\*note: underlined names demark mentorship of undergraduate and graduate students

**Peer-Reviewed Publications**

1. **Brooks, J. J.**, Carter, A., McMillan, N., & Couillou, R. (2018). “It’s complicated:” Exploring the mindfulness-alcohol use connection in undergraduate students. *International Journal of Mental Health and Addiction,* 1-13*.* doi: 10.1007/s11469-018-9886-8
2. **Brooks, J. J.**, & Obasi, E. M. (2018). Alcohol use in context: An investigation of psychosocial factors of drinking behaviors in a diverse community sample in the United States. *International Journal of Mental Health and Addiction,* 1-15*.* doi: 10.1007/s11469-017-9839-7
3. Pittman, D. M., **Brooks, J. J.,** Kaur, P., & Obasi, E. M. (2017). The cost of minority stress: Risky alcohol use and coping motivated drinking behavior in African American college students. *Journal of Ethnicity in Substance Abuse,* 1-22. doi: 10.1080/15332640.2017.1336958
4. Obasi, E. M., Shirtcliff, E. A., Cavanagh, L., Ratliff, K. L., Pittman, D. M., & **Brooks, J. J.** (2017). Hypothalamic-Pituitary-Adrenal reactivity to acute stress: An investigation into the roles of perceived stress and family resources. *Prevention Science.* doi: 10.1007/s11121- 017-0759-3
5. Obasi, E. M., Cavanagh, L., Pittman, D. M., **Brooks, J. J.** (2016). Effects of evaluative context in implicit cognitions associated with alcohol and violent behaviors. *Addictive Behaviors Reports, 3,* 48-55. doi: 10.1016/j.abrep.2016.04.003
6. Obasi, E. M., **Brooks, J. J.**, & Cavanagh, L. (2015). The relationship between psychological distress, negative cognitions, and expectancies on problem drinking: Exploring a growing problem among university students. *Behavior Modification, 1-19*. doi: 10.1177/0145445515601793
7. Ostafin, B. D., **Brooks, J. J.,** & Laitem, M. (2013). Affective reactivity mediates an inverse relation between mindfulness and anxiety. *Mindfulness, 5,* 520-528.
8. Ostafin, B. D., & **Brooks, J. J.** (2011). Drinking for relief: Negative affect increases automatic alcohol motivation in coping-motivated drinkers. *Motivation and Emotion, 35,* 285-295.
9. Obasi, E. M., **Brooks J. J**., Richards, J. L., & Ingram, J. (2010). Implicit alcohol-related cognitions: Testing the convergent validity of the Go/No-go Association Task and the Implicit Association Test. *Alcoholism: Clinical and Experimental Research, 34(*2), 220.
10. Obasi, E. M., **Brooks J. J.**, Pittman, D.M., Richards, J. L., & Mrnak, J. (2009). Contextual variability of implicit alcohol-related cognitions and their relationship to personality. *Alcoholism: Clinical and Experimental Research, 33*(1).

**Publications Under Review**

1. Roberson, A., & **Brooks, J. J.** (Under Review). Examining the effects of energy drinks on academic performance. *Journal of American College Health.*

**Publications in Preparation**

1. **Brooks, J. J.,** Fletcher, T., McMillan, N, & May, K. (In prep). Impulsivity, peer influence, and rurality as predictors of collegiate stimulant misuse.
2. **Brooks, J. J.,** Couillou, R. J., & Robinson, C. (In prep). The implementation of a 16-week mindfulness-based biofeedback training program for clinical doctoral students.
3. **Brooks, J. J.,** Fletcher, T. S., &McMillan, N. (In prep). Investigating alcohol use in naturalistic settings: A review of what we know, and where we have yet to go.
4. **Brooks, J. J.,** Ondriezek, C., & Hinely, M. (In prep). The effects of alcohol-related priming on the expression of relational aggression in college students.
5. Harlow, A., Hutchison, A., Reid Marks, L., & **Brooks, J. J.** (In prep). What I wish I had known: ECP perspectives on preparation for a career in academia.
6. Reid Marks, L., **Brooks, J. J.,** & Hutchison, A. (In prep). The autoethnographic reflections of early career psychologists in academia.

**CONFERENCE PRESENTATIONS**

1. Taylor, S. L., Jones, N., Perez, H., Johnson, S., Couillou, R. J., & **Brooks, J. J.** (August, 2019). Police use of force and mental illness: Examining specific disorder stigma. Poster to be presented at the 2019 meeting of the American Psychological Association. Chicago, IL.
2. Fletcher, T. S., Taylor, S. L., & **Brooks, J. J.** (March, 2019).Impulsivity, peer influence, and rurality as predictors of collegiate stimulant misuse**.** Poster presented at the 2019 meeting of the Southeastern Psychological Association. Jacksonville, FL.
3. Lashbaugh-Barney, B., & **Brooks, J. J.** (March, 2018).Facets of mindfulness predict lifetime drug-related problems in a college sample**.** Poster presented at the 2018 meeting of the Southeastern Psychological Association. Hilton Head, SC.
4. Harlow, A., Hutchison, A., Reid Marks, L., & **Brooks, J. J.** (August, 2017). What I wish I had known: ECP perspectives on preparation for a career in academia. Poster to be presented at the ECP Research and Innovative Poster session at the annual meeting of American Psychological Association convention. Washington, D.C.
5. Hutchison, T., Arflin, R., & **Brooks, J. J.** (March, 2017). Understanding connections among mindfulness, life satisfaction, and alcohol-related problems. Poster to be presented for the 2017 meeting of the Southeastern Psychological Association. Atlanta, GA.
6. Lashbaugh-Barney, B., Slusher, K., & **Brooks, J. J.** (March, 2017). The role of mindfulness in the experience of alcohol-related problems. Poster to be presented for the 2017 meeting of the Southeastern Psychological Association. Atlanta, GA.
7. Harlow, A., Hutchison, A., **Brooks, J. J.**, Turner, E., & Reid Marks, L. (August, 2016). Post docs, licensure, research, Oh MY! Preparing for a career in academia. Collaborative program proposal presented at the annual meeting of American Psychological Association convention. Denver, CO.
8. **Brooks, J. J.**, & Carter, A. (May, 2016). The many sides of mindfulness: Understanding the complex relationships between mindfulness, emotionality, and substance use behaviors. Poster presented for the annual meeting of the Association for Psychological Science. Chicago, IL.
9. Ondriezek, C., & **Brooks, J. J.** (October, 2015). The effects of alcohol-related priming on the expression of relational aggression. Poster presented for the annual meeting of the Southeastern Association for Behavioral Analysis. Roanoke, VA.
10. Allen, D., & **Brooks, J. J.** (October, 2015). The importance of restraint in gauging the effects of ego depletion on alcohol motivation. Poster presented for the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
11. **Brooks, J. J.**, Scott, E., Mikell, S. A., Hutcheson, A., Hinely, M., & Carter, A. (August, 2015). Using a mindfulness technique to investigate emotional and cognitive processes of alcohol motivation. Poster presented at the American Psychological Association convention. Toronto, Ontario, Canada.
12. **Brooks, J. J.**, Hutcheson, A., May, K., Allen, D., & King, C. (May, 2014). IAT vs. GNAT: A comparison of implicit measures of alcohol-related cognition. Poster presented for the annual meeting of the Association for Psychological Science. San Francisco, CA.
13. Thomas, T., & **Brooks, J. J.** (May, 2014). Alcohol use and intimate partner violence mediated by tendencies of aggressive behaviors and cognition. Poster featured in Violence-themed presentation group for the annual meeting of the Association for Psychological Science. San Francisco, CA.
14. King, M. J., **Brooks, J. J.**, Hutchison, A., & Iskander, E. T. (2012). Dealing with difficult dialogues: Addressing “isms” in the counseling session. Conversation hour presented at the Utah University & College Counseling Centers Conference. Salt Lake City, UT.
15. Obasi, E. M, Ratliff, K. L., Ingram, J., **Brooks, J. J.**, & Beasley, M. (August, 2012). A biopsychosocial investigation of the effects of stress dysregulation and substance use in rural African Americans. Poster presented at the NIDA/NIH Social Hour of Division 50 at the American Psychological Association convention. Orlando, FL.
16. Obasi, E. M., Ingram, J., Ratliff, K. L., **Brooks, J. J.**, & Beasley, M. (August, 2012). A biopsychosocial investigation into the effects of stress dysregulation in rural African Americans. Poster presented at the American Psychological Association convention. Orlando, FL.
17. Ingram, J., **Brooks, J. J.**, Pittman, D. P., Richards, J. L., & Obasi, E. M. (January, 2011). Biopsychosocial effects of depression of substance abuse. Poster presented for the annual meeting of the National Multicultural Conference and Summit. Seattle, Washington.
18. Pittman, D. P., Ingram, J., **Brooks, J. J.**, Richards, J. L., & Obasi, E. M. (January, 2011). John Henryism, depression, and problem drinking: Implications for help-seeking attitudes and behaviors. Poster accepted for the annual meeting of the National Multicultural Conference and Summit. Seattle, Washington.
19. **Brooks, J. J**., Richards, J. L., Ingram, J., & Obasi, E. M. (August, 2010). Assessing implicit alcohol-related cognitions associated with attitude and safety using the Go/No-go Association Task. Poster presented at the American Psychological Association convention. San Diego, CA.
20. Obasi, E. M., **Brooks, J. J.**, Richards, J. L., & Ingram, J. (June, 2010). Implicit alcohol-related cognitions: Testing the convergent validity of the Go/No-go Association Task and the Implicit Association Test. Poster presented at the Research Society on Alcoholism convention. San Antonio, TX.
21. **Brooks, J. J.**, Ingram, J., & Obasi, E. M. (May, 2010). Differential Influences of Affect and Personality in the Development of Problem Drinking. Poster presented at the Association for Psychological Science convention. Boston, MA.
22. Obasi, E. M., **Brooks J. J.**, Pittman, D.M., & Richards, J. L. (August, 2009). Alcohol Consumption as a mechanism toward modulating negative cognitive emotions. Poster presented at the American Psychological Association convention. Toronto, Ontario, Canada.

**PROFESSIONAL ACTIVITIES**

**Journal Peer Reviewer**

1. Mindfulness [2017-*present*]
2. International Journal of Mental Health and Addiction [2017-*present*]
3. Interdisciplinary Journal of Undergraduate Research [2017-*present*]

**Professional Conference Proposal Reviews**

1. Society for the Psychology of Women, APA, Div. 35 [2014-2017]
2. National Multicultural Conference and Summit [2014/2015, 2016/2017]
3. APSSC Research Reviewer, Association of Psychological Science [2012-2013, 2016-2017]
4. Georgia Undergraduate Research Conference (GURC) [2016]

**Keynote Addresses**

1. University of West Georgia, 2016 Conference on Meaningful Living and Learning in a Digital World, Savannah GA, *Working mindfully: The art of balancing self-care and work productivity* [Summer 2016]

**Invited Guest Lecturers**

1. Georgia Southern University, Department of Psychology, Ethics and Professional Development, Guest Speaker, *Multicultural Applications of Professional Ethics.* [Summer 2017]
2. Georgia Southern University, Department of Psychology, Practicum II, Guest Speaker, *Addiction: An Evolving Perspective.* [Spring 2017]
3. Georgia Southern University, Department of Psychology, Physiological Psychology, Guest Speaker, *Understanding Substance Use Behaviors: Physiological and Clinical Considerations.* [Spring 2017]
4. Georgia Southern University, Department of Psychology, Diversity Issues in Psychology, Guest Speaker, *The Ever-evolving Journey of Becoming Aware.* [Spring 2016]
5. Georgia Southern University, Department of Psychology, Practicum II, Guest Speaker, *Comprehensive Assessment of Substance Use Disorders*. [Spring 2016]
6. Georgia Southern University, Department of Psychology, Physiological Psychology, Guest Speaker, *Substance Abuse from a Clinical Perspective.* [Spring 2015]
7. Georgia Southern University, Counseling and Career Development Center training series, *The World of Substance Use and Misuse*. [Summer 2014]

**TEACHING, MENTORSHIP, & SUPERVISORY EXPERIENCES**

***Instructor of Record***

1. **Substance Abuse** (GSU PSYC 3236)

Students learn to critically analyze normative and deviant uses of licit and illicit substances with emphasis on abuse and dependence throughout US history from a biopsychosocial perspective.

**Instructor:** Fall 2013, Spring 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015

1. **Senior Internship** (GSU PSYC 4790)

Students engage in field experiences within the clinical realm of psychology. Students engage in group supervision and professional development related activities.

**Instructor:** Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019

1. **Research Experience** (GSU PSYC 3890/PSYC 3890-Honors)

 Supervision of undergraduate and honors undergraduate student research.

**Instructor:** Summer 2014, Fall 2014, Spring 2015, Fall 2015, Spring 2016, Summer 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019

1. **Directed Research** (GSU PSYC 4841/PSYC 4841-Honors)

Supervision of undergraduate and honors undergraduate students actively engaging in independent research projects.

**Instructor:** Fall 2014, Fall 2015, Fall 2016, Fall 2017

1. **Directed Study** (GSU PSYC 4832)

 Supervision of undergraduate students actively engaging in advanced research-related projects.

**Instructor:** Spring 2014, Spring 2015, Spring 2017

1. **Development of Original Research** (GSU PSYC 7390)

Supervision of graduate students actively engaging in independent research projects. **Instructor:** Spring 2015, Spring 2017, Spring 2018

1. **Thesis** (GSU PSYC 7999)

Supervision of graduate students actively engaging in independent research projects.

**Instructor:** Spring 2014, Summer 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019

1. **Psychotherapy Skills I** (GSU PSYC 7237)

This course offers a combination of didactic instruction and experiential trainings. Students learn how to appropriately conduct an intake assessment, conduct risk assessments, write clinical reports, and employ a variety of basic helping skills.

**Instructor:** Fall 2014, Fall 2015, Fall 2016, Fall 2017, Fall 2018, Fall 2019

1. **Foundations of Psychotherapy I** (GSU PSYC 7232)

This course reviews a broad spectrum of important systems of psychotherapy, including psychoanalysis, behavior therapy, experiential therapies, post-modern therapies, family therapies, and integrative approaches. Students learn basic theories of psychopathology, as well as the role of the therapist and various treatment interventions.

**Instructor:** Fall 2015, Fall 2016, Fall 2017, Fall 2018, Fall 2019

1. **Foundations of Psychotherapy II / Foundations & Skills II** (GSU PSYC 7433)

This course offers an in-depth review of evidence-based treatments, including theories of psychopathology, role of therapeutic relationship, specific interventions, and multicultural considerations to cognitive behavioral therapy, emotion-focused therapy, interpersonal therapy, dialectical behavior therapy, acceptance and commitment therapy, and couple’s therapy.

**Instructor:** Spring 2014, Spring 2015, Spring 2016, Spring 2017, Spring 2018

1. **Psychopathology** (GSU PSYC 7239)

This course offers an in-depth review of the history, descriptions, etiologies, and current treatment modalities of major categories of mental disorders as classified by the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5).

**Instructor:** Spring 2019

1. **Ethics and Professional Issues** (GSU PSYC 7233)

Students become well versed in the APA Professional Code of Conduct and principles upon which they must abide by in their chosen profession. Simultaneously, attention is paid to the development of students’ professional identities as competent, ethical, and conscientious practitioners.

**Instructor:** Summer 2014, Summer 2015, Summer 2016

1. **Practicum II** (GSU PSYC 7731)

Students participate in case consultation and discussion of topics related to psychotherapy.

**Instructor:** Spring 2016

1. **Supervision and Consultation** (GSU PSYC 9131)

 This course reviews theoretical underpinnings and various approaches related to two cornerstones of the clinical profession: supervision and consultation. Students engage in a consultation project with an organization of their choosing—the identify needs, collect data, and construct well-formulated recommendations based on their assessment. Students also engage in experiential activities related to the provision of supervision.

**Instructor:** Spring 2014, Spring 2015, Spring 2016, Spring 2017, Spring 2018

1. **Dissertation** (GSU PSYC 9999)

Supervision of doctoral graduate independent research projects.

**Instructor:** Summer 2015, Fall 2015, Spring 2016, Summer 2016, Fall 2016, Spring 2017, Summer 2017, Fall 2017, Spring 2018, Summer, 2018, Fall 2018

***Co-Instructor of Record***

1. **Multicultural Issues** (UTAH EDPS 3010)

Emphasis placed on understanding the role of cultural environment plays in the lives of people, and the implication of that role upon the self and others, to increase students’ awareness and knowledge of our multicultural society.

**Co-Instructor:** Fall 2012

1. **Successful Career Planning** (UTAH EDPS 3960-80)

Interests, attitudes, personal characteristics, and values were explored as they relate to college majors and the world of work. Students set career-related goals, constructed cover letters and resumes, and practiced interacting with potential employers.

**Co-Instructor:** Spring 2013

1. **Advanced Psychological Assessment** (UGA ECHD 9770)

Provide doctoral-level Counseling Psychology students with overview of psychological assessment and evaluation. Promote competencies in conceptualization, deductive reasoning, decision-making, and ability to conduct comprehensive evaluations.

**Co-Instructor:** Fall 2010, Fall 2011

1. **Advanced Psychological Practicum** (UGA ECHD 9770)

Experiential practicum experience intended to enhance student’s psychological assessment competencies. Class was multifaceted and included didactic, consultation and supervision formats.

**Co-Instructor:** Spring 2011, Spring 2012

***Teaching Assistantships***

1. **Introduction to Psychology** (NDSU PSY111)

A basic introductory course designed to provide students with a general understanding of a variety of psychological concepts and underlying principles.

**Assisted** Clayton Hilmert, Ph.D. [Fall 2006 – Spring 2008]

1. **Introduction to Psychology** (UMD PSY1003)

A basic introductory course designed to provide students with a general understanding of a variety of psychological concepts and underlying principles.

**Assisted** Brenda Butterfield, Ph.D. [Fall 2004]

1. **Statistics and Experimental Design** (UMD PSY3020/3021)

Sequential series of psychological statistics required for all undergraduate psychology majors. Mainly provided tutorial services and led study groups.

**Assisted** Robert Lloyd, Ph.D. [Spring 2005, Fall 2005]

***Provision of Clinical Supervision***

**Fall 2016** Georgia Southern University, Department of Psychology

Individual clinical supervision to one [1] Clinical Psychology Psy.D. student

**Fall 2015-**

**Spring 2016** Georgia Southern University, Department of Psychology

Individual clinical supervision to one [1] Clinical Psychology Psy.D. student

**Fall 2012-**

**Summer 2013** University of Utah, University Counseling Center

Individual clinical supervision to two [2] Counseling Psychology Ph.D. students

**Fall 2009-**

**Spring 2012** University of Georgia, Department of Counseling and Human Development

Individual clinical supervision to five [5] Community Counseling Master’s students

**Psy.D. GRADUATE STUDENT ADVISEMENT**

**2013 Cohort**

*Olutoba Adewusi\**

*Katherine Bruce\**

Arthur Hatton

Kathleen May

**2014 Cohort**

Alyssa Hutcheson

Caroline Young

**2015 Cohort**

Rebecca Conrad

**2016 Cohort**

Kate Mccreight

**2017 Cohort**

Jason Brooks

*Elliott Walker\**

**2018 Cohort**

Caitlin Fountain

Sara Johnson

**2019 Cohort**

Jae Ong

**CLINICAL QUALIFYING EXAMINATION COMMITTEES**

1. Zach Dietrich (Chair)

2. Tasia Pinkston

3. Kara Johnson

4. Kayla Leleux-LaBarge

5. Laura Miller (Chair)

6. Stephanie Chastang

7. Lisa Watson

8. Joseph Garcia

9. Lori Barfield (Chair)

10. Mike Judd

11. Elise Neville

12. Riley Benko (Chair)

13. Lauren Lachica-Muschett

14. Arthur Hatton (Chair)

15. Amanda Walker (Chair)

16. Angela Adams

17. Brenna Olroyd

18. Carly Young

19. Bridget Lashbaugh-Barney

20. Matt Micelli (Chair)

21. Rebecca Conrad

22. Jessica Rick

23. Kalynn Gruenfelder

24. Kate McCreight

25. Laura Serrano-Amerigo

**UNIVERSITY AND DEPARTMENTAL SERVICE**

1. **Faculty Senate,** Alternate CBSS Representative [2019-2020]
2. **Marshall representative,** CLASS, Georgia Southern University, Spring 2017
3. **Mentorship (Psychology Bash) Committee chair**

GSU Psychology Department [Fall 2013-*present*]

1. **Clinical Training Committee member**

GSU Psychology Department [Fall 2013-*present*]

1. **Psy.D. Graduate Student Advisor**

GSU Psychology Department [Fall 2013-*present*]

1. **Teaching Assistant Mentor**

GSU Psychology Department [Fall 2013-*present*]

1. **Clinical Qualifying Examination (CQE) Committees**

Chair and Member, GSU Psychology Department [Spring 2014-*present*]

1. **Diversity Committee, member and chair**

GSU Psychology Department [Fall 2013-Spring 2015; Fall 2017-Spring 2018]

1. **Recruitment/Retention Committee, chair and member**

GSU Psychology Department [Fall 2014-Spring 2015; Fall 2017-Spring 2018]

1. **Clinical Search Committee #67373 member**

GSU Psychology Department [2016-2017]

1. **Diversity Task Force**

Psychology Department [2016-2017]

1. **Clinical Search Committee #67338 member**

GSU Psychology Department [2015-2016]

1. **Service Learning Facilitator Mentor**

GSU Office of Leadership & Student Engagement [2014-2016]

1. **University Wellness Advisory Board member**

Georgia Southern University [Spring 2015]

1. **Recruitment/Retention Committee member**

GSU Psychology Department [Fall 2013-Spring 2014]

1. **Diversity Initiative**

Marriott Library, University of Utah [Fall 2012-Spring 2013]

1. **Internship Selection Committee**

Counseling Center, University of Utah [Fall 2012-Spring 2013]

1. **Health Mind/Body Fair Lobbyist**

UGA representative, GA Psychological Association [Fall 2010]

1. **Mental Health Screening Booth Coordinator**

North Dakota State University [Spring 2008]

**HONORS THESIS, MASTERS THESIS & DISSERTATION COMMITTEES**

**2018-2019**

1. Christina Morris, **honors student advisor**

Title: *Mental health stigma and help-seeking in a college sample: Barriers and potential motivators for action.*

1. Thomas Hutchison, PsyD student, **dissertation chair**

Title: *An examination of the effects of guided imagery theme on stress and mood following an ego-depletion task*

1. Kaleigh Caldwell, PsyD student, **dissertation chair**

Title: *Drug of choice: An exploration of coping with caffeine*

**2017-2018**

1. Kathleen May, PsyD student, **dissertation chair**

Title: *The role of psychosocial factors in the non-medical use of prescription stimulants among undergraduate Greek-life members*

1. Alyssa Hutcheson, PsyD student, **dissertation chair**

Title: *Examining the effects of energy drinks on academic performance*

1. Brooks Kolberg, MS student, **thesis chair**

Title: *The effects of alcohol priming on age perception and attractiveness ratings*

**2016-2017**

1. Elizabeth Scott, PsyD student, **dissertation chair**

Title: *Drinking when distressed: Exploration of mood, implicit alcohol-related cognitions, and individual risk factors*

1. Lauren Patterson, PsyD

Title: *Mate selection from an imago relationship therapy perspective*

1. Timothy Curran, PsyD

Title: *Reducing substance abuse stigma in employment application*

1. Addison Price, MS student

Title: *The effect of disability language on the stigmatization and dehumanization of a novel disability*

**2015-2016**

1. Alicia Carter, BS, **honors thesis advisor**

Title: *The effects of mindfulness on affect and substance use*

1. Melissa Hinely, BS, **honors thesis advisor**

Title: *Understanding emotion in relation to drinking motivation*

1. Connor Ondriezek, BS, **honors thesis advisor**

Title: *The effects of alcohol-related stimuli priming on the expression of* *relational aggression*

1. Kelsea Magel, MS, **thesis chair**

Title: *The impact of empathy training on perceptions of mental illness*

**2014-2015**

1. Taylor Thomas, BS, **honors thesis advisor**

Title: *Understanding tendencies of aggressive behavior and cognition as related* *to alcohol use and intimate partner violence*

1. Christa Murray, BS, **honors thesis advisor**

Title: *Predicting problematic alcohol use and negative alcohol-related psychosocial consequences of use in a college-aged sample*

1. David Welden, MS

Title: *Preventing and repairing ego depletion through humor*

1. Danielle Allen, MS, **thesis chair**

Title: *Importance of restraint in gauging the effects of ego depletion on alcohol* *motivation*

1. Laura Miller, PsyD

Title: *Intersectional examination of individuation and emotional intelligence: Longitudinal associations with positive psychology and multicultural psychology*

1. Whitney Spears, PsyD

Title: *Connecting emotions to behavioral outcomes*

1. Michael Judd, PsyD

Title: *The moderating effects of positive and negative automatic thoughts on the* *relationship between positive emotions and resiliency*

**2013-2014**

1. Christine (Foxwell) Vitiello, MS

Title: *Implicit and explicit attitudes toward mothers in the workplace*

**In progress**

1. Bryon Gallant, PsyD student, **dissertation chair**
2. Caroline Kinskey, PsyD student, **dissertation chair**
3. Bethany Sauer, PsyD student, **dissertation chair**
4. Tristan Fletcher, PsyD student, **dissertation chair**
5. Kate McCreight, PsyD student, dissertation committee member
6. Melissa Hinely, PsyD student, dissertation committee member
7. Jacqueline Miranda, MS student, **thesis chair**
8. Alana Hall, Honors student, **thesis chair**

**CLINICAL EXPERIENCES**

**Core Faculty**

The REFLECT Program

Georgia Southern University

Statesboro, GA

[Fall 2018-present]

In collaboration with colleague, Dr. Ryan Couillou, provide pro bono consultation and outreach services to agencies in need, as well as conduct action-based research in the community. Services include, but are not limited to, comprehensive needs assessments, program evaluation, team building, skill-based workshops and trainings, etc. Additionally, ongoing supervision and training of undergraduate and graduate students in the program occurs.

**Psychologist, Independent Contractor**

Joye Psychology & Wellness, LLC

Brooks Behavioral Health Care, LLC

Savannah, GA

[Summer 2017-present]

Concurrent with faculty status, provide psychological services to Savannah and the surrounding community as an independently contracted Licensed Psychologist. Services include individual and couple’s therapy, psychological assessment, and professional consultation.

**Postdoctoral Fellow**

Counseling and Career Development Center

Georgia Southern University

[Fall 2013-Spring 2015]

Concurrent with faculty status, accrued post-doc hours at the CCDC mainly through teaching and individual counseling formats. Emphasized developing autonomy has an early career professional. Supervision provided by the Director of the CCDC.

**Pre-doctoral Psychology Intern**

Counseling Center

University of Utah

[Fall 2012-Summer 2013]

APA-accredited internship with an emphasis is on multicultural competency across the following areas: psychological assessment; individual, group and couples services; consultation and outreach; diversity; provision of supervision; crisis services; professional development; research-related activities; committee work; and involvement in local and national organizations and conferences.

**SSI Disability Evaluator and Psychometrist**

Positive Outcomes

Athens GA

[Fall 2011-Spring 2012]

Conducted SSI disability intake assessments and administered brief psychological intelligence tests for the State of Georgia for those filing for physical and/or mental health disability benefits.

**General Doctoral Practicum**

Counseling Center

Georgia State University

[Fall 2011-Spring 2012]

Completed intake appointments, individual counseling sessions, group therapy, and outreach with diverse range of clients within an urban campus.

**DFCS Assessment Practicum**

Center for Counseling and Personal Evaluation

University of Georgia

[Spring 2011-Fall 2011]

Administered and interpreted standardized tests of intelligence, academic achievement, and psychological functioning of parents under review by the Division of Family and Children Services. Writing of psychological reports used as supplemental information in DFCS’s decision-making process.

**Advanced Assessment Practicum**

Center for Counseling and Personal Evaluation

University of Georgia

[Fall 2009-Spring 2011 ]

Administer and interpret standardized tests of intelligence, achievement, and other cognitive skills. Administer and interpret test results of psychological and behavioral functioning. Conduct initial intake interviews, appropriately document assessment data, and formulate diagnostic impressions.

**Training Clinic Practicum**

Center for Counseling and Personal Evaluation

University of Georgia

[2009-2011 ]

Completed initial intakes and individual counseling sessions with diverse range of clients. Interdisciplinary treatment planning, consultation and staffing with master’s level clinicians, nursing students, and pharmacy students.

**Counseling Center MS Intern**

Counseling Center

NDSU

[Fall 2007-Spring 2008 ]

Gained ability to identify and articulate therapeutic strategies specific to the diagnosis and unique presenting problems. Responsible for primary crisis intervention (on-call emergencies) on weekend shifts.

**PROFESSIONAL TRAININGS & ACTIVITIES**

**QPR Training**

*Question, Persuade, Refer: How to Handle Students in Crisis*

Georgia Southern University

[July, 2017, April, 2019]

**Writer’s Boot Camp**

Center for Teaching and Technology

Georgia Southern University

[June 2017; July 2017]

**Continuing Education**

* APA’s Continuing Education and Service Credit Program for Reviewing Manuscripts (2016-2017)
* 2017 Workshops/Trainings for CEs
  + *The Refugee Crisis: Understanding and Addressing the Mental Health Needs of Families and Children Displaced by Armed Conflict* (1 CE)
  + *Changing How We Feel by Changing How We Think* (6 CE)
* 2016 Workshops/Trainings for CE credits
  + *Rising Stars of Clinical Science* (1.5 CE)
  + *Dissemination of Psychological Interventions: Local to Global Approaches* (1.5 CE)
  + *Ethics of Social Justice/Social Justice of Ethics: Implications for Psychologists and Psychology* (2 CE)
  + *Hot Topics in Ethics* (2 CE)
  + *Identifying and Managing Psychologists’ Conflicts of Interest in Organizational Contexts* (1 CE)
  + *Mating in Captivity: The paradox of intimacy and sexuality (Invited Address: Esther Perel, Ph.D.)* (2 CE)
  + *Feminist Qualitative Research: Power, Relationship, and Collaboration (Invited Address: Sue Morrow, Ph.D.)* (1 CE)
  + *Ethical and Legal Aspects of Practice with Transgender and Gender Nonconforming Clients* (1 CE)
  + *Ethical Considerations in Addictions Treatments* (1 CE)
  + *Mindfulness, Healing, and Transformation: The Pain and the Promise of Befriending the Full Catastrophe* (1 CE)
* 2015 Workshops/Trainings for CE credits
  + *Developing Cultural Competence in Supervision: A Multicultural Framework* (1 CE)
  + *Minority Stress and Mental Health Among Trans\* Adults* (1 CE)
  + *Sex, Love, Intimacy, and Orgasm in America: What National Surveys Tell Us that You Need to Know* (1 CE)
  + *Psychological Processes in Anxiety-related Disorders and their Treatment: The Case of PTSD* (1 CE)
  + *Emerging Areas of Science, Practice, and Education with LGBTQ Women* (1 CE)
  + *Race/Ethnic Relations and the Obama Presidency: Perspectives of Leaders in the Field* (2 CE)
  + *Skill-building Session: Using a Case Formulation Approach to Address Safety Behaviors in Exposure Therapy.*